

Tasmanian Breast  
Cancer Care  
Resource for Health  
Workers

# *Tasmanian Breast Cancer Care Resource for Health Workers*

Prepared

by

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for the

Strengthening Supportive Care for Rural Women with Breast Cancer  
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[BreastScreen Australia](#)

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[myDr website](#)

[National Health and Medical Research Council \(NHMRC\)](#)

[The Breast Cancer Institute NSW \(BCI NSW\)](#)

[The Breast Cancer Network Australia \(BCNA\)](#)

[The Cancer Council Australia](#)

[The Cancer Council Tasmania \(TCCT\)](#)

[The Tasmanian Cancer Registry](#)

[The Department of Health and Social Services Tasmania](#)

[The Menzies Research Institute, University of Tasmania](#)

[The National Breast Cancer Centre \(NBCC\)](#)

[www.breastcancer.org](http://www.breastcancer.org)—US site

[www.healingdaily.com](http://www.healingdaily.com)—US site

[CancerhelpUK](#)—UK site

[Cancerbackup](#)—UK site

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## Foreword

The *Tasmanian Breast Cancer Care Resource for Health Workers* has been designed to meet the information needs of health workers in Tasmania. Tasmania is primarily a rural State with a population of less than half a million centred around a myriad of small towns and three regional centres.

The State has over 30 community health centres including district hospitals and multi-purpose sites. Because of the manner in which community health services have developed over time, access to relevant and up-to-date material on a range of health care issues relies on the demand of the local population, the interests of staff and the availability of resources.

The Tasmanian Breast Cancer Care Resource for Health Workers is the result of a project to provide State-wide consistent and current resources. It has been developed through consultation with individuals, representatives and organisations who have an interest in improving the care of rural women who have or who have had breast cancer.

In keeping with the current focus on psychosocial issues, the resource emphasises the management of the person's psychosocial well being.

Gail Raw

State Manager

BreastScreen Tasmania

## **How to use this Resource**

This resource is designed for use in both hard copy and as a CD-ROM.

The resource is divided into sections. Each section relates to stages in the prevention, diagnosis and treatment of breast cancer. For example the sections detail current surgery options, resources available in Tasmania for women with breast cancer and resources designed specifically for general practitioners.

### **Using the Resource on a computer**

The CD-ROM resource uses hyperlinks to link related sections within the resource (for example Surgical Complications and Lymphoedema), and to connect to resources available on the Internet.

All hyperlinks are written and underlined in blue. Provided the computer in which the CD-ROM is used is connected to the Internet, clicking on the links will take you directly to the Website where the resource / publication is located. To activate a hyperlink follow the instructions that appear on the screen.

In order to keep this resource current and up-to-date please send any suggestions to the:

**Community Education and Quality Officer Breastsreen Tasmania**

**Cancer Screening and Control Service**

**Department of Health and Human Services**

**GPO Box 125, Hobart 7001    Tel: (03) 6216 4300**

**Fax: (03) 6216 4326**

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